


# Survivor Trails and Knots

10 Oct 10:30

Duty six : Yellow

Start	Time	Activity	Requirements	Instructions	Scouter
<b>Tip- a sharpener can be used to sharpen a stick and the sharpenings make good kindling</b>					
10 Oct 10:30	5	<b>Activities :</b> Opening	Register, beans, flag, totem and skin	Grand Howl Flag Break Register Inspection - belts and shoes	Akela
<b>How good is your imagination? If you were stuck on an island with nothing to do, how well could you pretend?</b>					
10 Oct 10:35	10	<b>Game :</b> Use your imagination		The leader to pretend to throw a ball into the group of children. They then pretend to kick it to each other. Next, hand out pretend skipping ropes and they all have to pretend to skip. Can imagine any type of equipment - hula hoops, bounce a ball for netball/basketball, a bat and ball for baseball. Maybe let each Cub choose something and then they act it out.	Riki
<b>Tip- after shelter, fire is the next most important thing for survival</b>					
10 Oct 10:45	15	<b>Activities :</b> Fire sticks	Crepe paper scissors	Create flame shapes from crepe paper stick inside fire stick	Akela
<b>Rope is an important tool in any survival kit but if you can't tie a knot, it isn't very useful.</b>					
10 Oct 11:00	10	<b>Game :</b> Knots and Crosses		Use staves to create a normal noughts and crosses board (4 staves in total). Split the Six into two groups of three for each team (thus each Cub will get one turn to tie the knot).  Assign each team the knot for their team. You can use easier knots or a combination of knots. Each team takes a turn to tie the appropriate knot and place it on the noughts and crosses board. The first team to get all their knots in a row wins. They can then swap sides (knots).  So - you can use bowline, reef and sheet bend for noughts. Figure of eight, clove hitch (around a smaller stick) or round turn and two half hitches can be crosses.  It doesn't matter how long each Cub takes to make the knot - they are going in turns so it is not a race :-)	Chil
<b>Sometimes, your tribe may need to separate and go different routes. Using trail signs will make sure you don't get lost</b>					
10 Oct 11:10	15	<b>Activities :</b> Trail Signs	Two sets of 3-by-5 index cards for each team (each of the first set bearing a drawing of a trail sign; each of the second set with the definition of one of the trail signs)	Sixes are seated around their table with the two sets of cards in the middle. The cards with the pictured trail signs are placed face down; the cards with the definitions are spread out face up. On signal, the first Cub from each patrol draws one of the face down cards and places it on the correct definition card. Continue until all cards are matched.  <i>Scoring:</i> The first six to correctly match all cards wins.	Chil
<b>We all have cool bandannas - how many ways can you think of to use your bandanna in a survival situation?</b>					
10 Oct 11:25	10	<b>Activities :</b> Uses of a	Bandannas per Cub	Use your bandana to act out a different way to use it - just for fun or for survival. There are at least 60 ideas	Akela

Start	Time	Activity	Requirements	Instructions	Scouter
					
We have shelter and fire, but food and water are also essential					
10 Oct 11:35	5	Activities : Juice and biscuits		Juice and biscuit break	Riki
Each tribe has laid a trail - see if you can follow it to the end. Just watch out for banderlog along the way					
10 Oct 11:40	20	Activities : Trails in the Jungle - Find the Banderlog	Sticks Stones Paper/Pen	<p>Gold Wolves to be asked to lay a trail using the trail signs which the Silver Wolves will follow.</p> <p>Along the way, they need to hide pictures of the Banderlog (monkeys) for the other Cubs to find.</p> <p>Once trail ready, Silver Wolves to follow the trail and count the Banderlog they find along the way.</p>	Chil
Have you ever eaten a coconut? The cool thing is that they are not just food and water - they make excellent furry balls to play a game					
10 Oct 12:00	10	Game : Coconut Relay		<p>You will need: Ping pong balls and a pool noodle for each team.</p> <p>The object of the game is for teams (one person at a time) to herd 3 ping pong balls (or coconuts) at the same time around an obstacle course (or back and forth around an orange cone) only using the end of the pool noodle. This works great indoors on a tile floor ... for outside you can still use the ping pong balls or use balloons. Tip: the ping pong balls can be colored with permanent markers in the tribes colors to keep track of what balls belong to each team.</p>	Riki
Knowing your knots is one thing but can you recognise the knots and what they are used for?					

Start	Time	Activity	Requirements	Instructions	Scouter
10 Oct 12:10		Knotting circle		Players in circle, one ties a knot in a bit of rope and drops it at the feet of one of another group, who must name the knot correctly and say if it is tied right before the tier has run around the circle. Whichever wins ties the next knot, and so on.	
<b>Time for the tribal council!</b>					
10 Oct 12:20	5	<b>Activities :</b> Tribal council	immunity necklaces and beads	Cubs vote for who did the best in their tribe. Immunity beads handed out	Akela
<b>One more day on our island survived - hope you all have a good rest before next week's challenges</b>					
10 Oct 12:25	5	<b>Activities :</b> Closing	Totem, Skin Badges, certificates	Announcements Badge handouts Grand Howl Flag Down Prayer Dismiss	Akela

Programme prepared on 09 May 00:22

## Trails in the Jungle - Find the Banderlog

<b>Category</b>	Activities
<b>Advancement</b>	Trails
<b>Time to allocate (mins)</b>	20
<b>Outcome</b>	Gold Wolves to lay a trail for the Silver Wolves to follow
<b>Resources</b>	Sticks Stones Paper/Pen
<b>Instructions</b>	Gold Wolves to be asked to lay a trail using the trail signs which the Silver Wolves will follow. Along the way, they need to hide pictures of the Banderlog (monkeys) for the other Cubs to find. Once trail ready, Silver Wolves to follow the trail and count the Banderlog they find along the way.

Entry written by Sharon Venn of 1st Randburg

## Documents

Trail Signs	<a href="https://www.birmingham.gov.uk/media/197c9122197214a34766df31e257ece.jpg">c197c9122197214a34766df31e257ece.jpg</a>
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