

Mandela Day

23 Jul 10:30

Duty six : Red

Start	Time	Activity	Requirements	Instructions	Scouter
Mandala's birthday happened this week. He encouraged us to spend 67 minutes helping others.					
23 Jul 10:30	5	Activities : Opening	Register, beans, flag, totem and skin	Grand Howl Flag Break Register Inspection - belts and shoes	Akela
Can you guess who your friends are even if you can't see?					
23 Jul 10:35	0	Game : Blind Man's Bluff		Choose one Cub to wear the blindfold. The Cub then has to wander the play area until they find another Cub. Once they touch them they are to guess who they think they have found. If they are correct, the child they found gets to be blindfolded next. If they are incorrect, they get to be blindfolded one more time. If they are wrong a second time, they get to choose who is to be blindfolded next	Riki
How well can you paint or draw or colour? How well could you do that if you couldn't use your hands?					
23 Jul 10:35	40	Activities : Painting without your hands	paint paintbrushes pictures	Cubs need to paint a picture but they cannot use their hands. So, they can paint with their feet or the mouths for example	Akela
Imagine not being able to speak - imagine how hard it will be to understand each other					
23 Jul 11:15	20	Game : Charades		If you are using blank slips of paper, have everyone write down their charades phrases and place them in a hat. If you are printed cards, cut them out and place them in the hat. Ask for a volunteer to go first. Take out a phrase from the hat and attempt to perform it. The first player to guess the clue correctly, stands up, draws a charades idea from the hat, and then it is their turn to act out a phrase. Note: If someone is acting out a clue you wrote down (if you played with the paper method), once you realize they are acting out your clue, don't shout out the answer, and instead, stop playing. How to Act Out a Charades Phrase When acting out a clue, a player must get the other players to	Bagheera

				<p>guess what phrase they have without making any sounds, or saying any words.</p> <p>Normally, when a player starts to act out a clue, he/she/it should start by indicating how many words the phrase is, and then acting out each word at a time. You indicate to the other players how many words are in the phrase is by holding up fingers. If the phrase is, 'Fly Me To the Moon', you would hold up 5 fingers, to indicate 5 words. The players who are guessing should respond by saying the number of words aloud, "5 words". Next, if the player wants to act out the first word of the phrase 'Fly', then the player should hold up 1 finger, to indicate they want to act out the first word. The players who are guessing should respond by saying '1st word'.</p> <p>The player can help push the guessers into the right direction by using some standard gestures for categories.</p> <ul style="list-style-type: none"> • Book - Unfold your hands as if they were a book. • Movie - Pretend to crank an old-fashioned movie camera. • Play - Pretend to pull the rope that opens a theater curtain. • Song - Pretend to sing. (but don't make any noise!!) • TV - Draw a rectangle to outline the TV screen. • Quote or Phrase: Make quotation marks in the air with your fingers. 	
Take a break from being different for a while					
23 Jul 11:35	5	Activities : Juice and biscuits		Juice and biscuit break	Other
Deaf people have a special language - do you want to learn how to say your name is Sign Language?					
23 Jul 11:40	30	Activities : Sign Language	sign language alphabet	Using the alphabet provided, practice spelling out your name in the sign language alphabet. Learn how to say "Hello, my name is...." in sign language	Akela
Why 67 minutes?					
23 Jul 12:10	10	Yarn : 67 Minutes for Nelson Mandela		See attached	Raksha
23 Jul 12:20	5	Activities : Closing	Totem, Skin Badges, certificates	Announcements Badge handouts Grand Howl Flag Down Prayer Dismiss	Akela

Charades

Category

Game

Type

Quiet game

Time to allocate (mins)

20

If you are using blank slips of paper, have everyone write down their charades phrases and place them in a hat. If you are printed cards, cut them out and place them in the hat.

Ask for a volunteer to go first. Take out a phrase from the hat and attempt to perform it. The first player to guess the clue correctly, stands up, draws a charades idea from the hat, and then it is their turn to act out a phrase.

Note: If someone is acting out a clue you wrote down (if you played with the paper method), once you realize they are acting out your clue, don't shout out the answer, and instead, stop playing.

How to Act Out a Charades Phrase

When acting out a clue, a player must get the other players to guess what phrase they have without making any sounds, or saying any words.

Instructions

Normally, when a player starts to act out a clue, he/she/it should start by indicating how many words the phrase is, and then acting out each word at a time. You indicate to the other players how many words are in the phrase is by holding up fingers. If the phrase is, 'Fly Me To the Moon', you would hold up 5 fingers, to indicate 5 words. The players who are guessing should respond by saying the number of words aloud, "5 words". Next, if the player wants to act out the first word of the phrase 'Fly', then the player should hold up 1 finger, to indicate they want to act out the first word. The players who are guessing should respond by saying '1st word'.

The player can help push the guessers into the right direction by using some standard gestures for categories.

- Book - Unfold your hands as if they were a book.
- Movie - Pretend to crank an old-fashioned movie camera.
- Play - Pretend to pull the rope that opens a theater curtain.
- Song - Pretend to sing. (but don't make any noise!!)
- TV - Draw a rectangle to outline the TV screen.
- Quote or Phrase: Make quotation marks in the air with your fingers.

Entry written by Sharon Venn of 1st Randburg

Documents

Cards for Charades Ideas [printable_cards.pdf](#)

Sign Language

Category	Activities
Advancement	Communication
Time to allocate (mins)	20
Outcome	Be able to spell your name in sign language
Resources	sign language alphabet
Instructions	Using the alphabet provided, practice spelling out your name in the sign language alphabet. Learn how to say "Hello, my name is...." in sign language

Entry written by Sharon Venn of 1st Randburg

Documents

Sign Language Alphabet [sign_language.docx](#)

Category

Yarn

Time to allocate (mins)

5

Nelson Mandela

- **Occupation:** President of South Africa and Activist
- **Born:** July 18, 1918 in Mvezo, South Africa
- **Died:** December 5, 2013 in Johannesburg, South Africa
- **Best known for:** Serving 27 years in prison as a protest against apartheid

Biography:

Nelson Mandela was a [civil rights](#) leader in [South Africa](#). He fought against [apartheid](#), a system where non-white citizens were segregated from whites and did not have equal rights. He served a good portion of his life in prison for his protests, but became a symbol for his people. Later he would become president of South Africa.

Where did Nelson Mandela grow up?

Nelson Mandela was born on July 18, 1918 in Mvezo, South Africa. His birth name is Rolihlahla. He got the nickname Nelson from a teacher in school. Nelson was a member of Thimbu royalty and his father was chief of the city of Mvezo. He attended school and later college at the College of Fort Hare and the University of Witwatersrand. At Witwatersrand, Mandela got his law degree and would meet some of his fellow activists against apartheid.

What did Nelson Mandela do?

Nelson Mandela became a leader in the African National Congress (ANC). At first he pushed hard for the congress and the protesters to follow Mohandas Gandhi's non-violence approach. At one point he started to doubt that this approach would work and started up an armed branch of the ANC. He planned to bomb certain buildings, but only the buildings. He wanted to make sure that no one would be hurt. He was classified as a terrorist by the South African government and sent to prison.

Mandela would spend the next 27 years in prison. His prison sentence brought international visibility to the anti-apartheid movement. He was finally released through international pressure in 1990.

Once released from prison, Nelson continued his campaign to end apartheid. His hard work and life long effort paid off when all races were allowed to vote in the 1994 election. Nelson Mandela won the election and became president of South Africa. There were several times during the process where violence threatened to break out. Nelson was a strong force in keeping the calm and preventing a major civil war.

How long was Nelson Mandela in prison?

He spent 27 years in prison. He refused to bend on his principals in order to be released and stated that he would die for his ideals. He wanted all people of all races to have equal rights in South Africa.

Fun facts about Nelson Mandela

- Nelson was awarded the Nobel Peace Prize in 1993.
- July 18th is Nelson Mandela day. People are asked to devote 67 minutes to helping others. The 67 minutes represents the 67 years Mandela spent serving his country.
- *Invictus* was a 2009 movie about Nelson Mandela and the South African rugby team.
- He had six children and twenty grandchildren.



Nelson Mandela
from White House Photograph Office

Story

