

## Japanese Culture

23 Aug 17:30

Duty six : Purple

Start	Time	Activity	Requirements	Instructions	Scouter
23 Aug 17:30	5	Activities : Opening	Register, beans, flag, totem and skin	Grand Howl Flag Break Register Inspection - belts and shoes	Akela
Want to play a japanese game? It's similar to our favourite - red light green light					
23 Aug 17:35	5	Game : Daruma-san ga koronda		<p>Daruma-san ga koronda is a Japanese traditional game. To play the game, instead of counting one to ten, the "it" says "Daruma-san ga koronda" which means "the daruma doll fell over." The other players should be able to get close to the "it" without being caught moving.</p> <p>The "it" will face away from the other players. The "it" will then say "Daruma-san ga koronda" and quickly turn around. The other players must freeze at that time. If one player is caught moving, he/ she must touch the hands of "it" without being caught. Another player should slap the back of the "it" and run away. When the "it" shouts "tomare," or stop, everyone should freeze. If one of them is no more than three steps from the "it," the two shall switch places.</p>	Akela
The art of paper folding is called Origami. Let's make a frog and then we can see whose jumps the furthest or highest					
23 Aug 17:40	20	Crafts : Origami	Square paper, green if possible	<p>All you need is one sheet of square paper for this origami jumping frog. We recommend using paper that is thin and at least 15 x 15 cm. Younger kids will find it easier to use bigger paper.</p> <ol style="list-style-type: none"> <li>1. Fold the right edge over to the left edge.</li> <li>2. Fold the top right corner diagonally down to align with the left edge.</li> <li>3. Unfold the previous step.</li> <li>4. Fold the top left corner diagonally down to align with the right edge.</li> <li>5. Unfold the previous step.</li> <li>6. Flip the paper over to the other side.</li> <li>7. Fold the top edge down to meet the lower ends of the diagonal creases you just made.</li> <li>8. Unfold the previous step.</li> <li>9. Flip the paper back over to the other side.</li> <li>10. Bring the top left and right edges forward and down, flattening the paper into a triangle shape.</li> </ol>	Akela

				<p>11. Fold the bottom edge up to meet the bottom of the triangular top section.</p> <p>12. Fold the right edge over to the middle, you can fold the right side of the top triangle over to the left if you need to.</p> <p>13. Repeat on the left side.</p> <p>14. Fold the bottom edge up to align with the bottom of the triangle.</p> <p>15. Fold the top left and right corners of the lower flap diagonally inwards and down.</p> <p>16. Unfold the last couple of steps</p> <p>17. Bring the inner corners of the lower section up and outwards to create a boat shaped flap.</p> <p>18. Fold the right and left lower points downwards.</p> <p>19. To make the frog's back legs, fold the points diagonally outwards.</p> <p>20. Fold the left and right corners of the top triangular section diagonally up.</p> <p>21. Fold the bottom of the frog up along the center.</p> <p>22. Fold the edge back down, creating a pleat. This will be the frog's 'spring'.</p> <p>23. The origami frog is complete, use your finger and hold the back edge down and the frog will spring up and away.</p>	
Juice and biscuit break					
23 Aug 18:00	5	Activities : Juice and biscuits		Juice and biscuit break	Akela
Martial arts is popular in many Asian countries. Karate, Jujutsu and Kendo all come from Japan. We are going to learn some breaks that are commonly used in many different martial arts					
23 Aug 18:05	40	Activities : Self-Defense	<a href="#">6 Self-Defense Tips to Stay Safe   Right as Rain by UW Medicine</a>	<p>Talk about stranger danger - i.e. not that all strangers are bad and that greeting people and being friendly is not wrong. However, because not all strangers are good people, they must never go anywhere with a stranger. Rather look for security guards or people in charge for help.</p> <p>The self-defense we are teaching is mainly to get you away from someone who is holding onto you. For example, someone who is starting to drown in a pool might grab you and start pulling you under too. You need to get away from them first before you can help them. The best thing to do when you are feeling threatened is to get away so that is what we are going to teach you.</p> <p>Demonstrate each break to the Cubs and then have them</p>	Akela

				practice in pairs.	
Do you know the story of the japanese calendar?					
23 Aug 18:45	5	Yarn : Japanese Calendar		See attached	Akela
Many games are popular in many different cultures. Janken is the japanese version of rock, paper, scissors					
23 Aug 18:50	5	Game : Janken		<p>Janken is the Japanese version of rock, paper, scissors. There are different types of janken all over Japan.</p> <p>If you visit Japan, make sure to ask a child to teach you their local janken! Fortunately, the hand gestures, signs, and rules are the same as the English version. Rock beats scissors, scissors beats paper, and paper beats rock. In janken, rock is called 'guu', scissors are called 'choki', and paper is called 'paa'.</p> <p>Face your opponent, make a fist for "rock" (guu), and say saishowaguu to begin. Chant jankenpon with your opponent and flash your hand sign on "pon." Rock (guu) beats scissors (choki), scissors beats paper (paa), and paper beats rock.</p>	Akela
Japanese culture is very rich and many of us watch anime or read manga, listen to music, watch TV programmes from Japan. We learn about different cultures through these stories.					
23 Aug 18:55	5	Activities : Closing	<p>Totem, Skin</p> <p>Badges, certificates</p>	<p>Announcements</p> <p>Badge handouts</p> <p>Grand Howl</p> <p>Flag Down</p> <p>Prayer</p> <p>Dismiss</p>	Akela

Origami

Category	Crafts
Time to allocate (mins)	15
Outcome	Learn a basic origami craft
Resources	Square paper, green if possible
Instructions	<p>All you need is one sheet of square paper for this origami jumping frog. We recommend using paper that is thin and at least 15 x 15 cm. Younger kids will find it easier to use bigger paper.</p> <ol style="list-style-type: none"><li>1. Fold the right edge over to the left edge.</li><li>2. Fold the top right corner diagonally down to align with the left edge.</li><li>3. Unfold the previous step.</li><li>4. Fold the top left corner diagonally down to align with the right edge.</li><li>5. Unfold the previous step.</li><li>6. Flip the paper over to the other side.</li><li>7. Fold the top edge down to meet the lower ends of the diagonal creases you just made.</li><li>8. Unfold the previous step.</li><li>9. Flip the paper back over to the other side.</li><li>10. Bring the top left and right edges forward and down, flattening the paper into a triangle shape.</li><li>11. Fold the bottom edge up to meet the bottom of the triangular top section.</li><li>12. Fold the right edge over to the middle, you can fold the right side of the top triangle over to the left if you need to.</li><li>13. Repeat on the left side.</li><li>14. Fold the bottom edge up to align with the bottom of the triangle.</li><li>15. Fold the top left and right corners of the lower flap diagonally inwards and down.</li><li>16. Unfold the last couple of steps</li><li>17. Bring the inner corners of the lower section up and outwards to create a boat shaped flap.</li><li>18. Fold the right and left lower points downwards.</li><li>19. To make the frog's back legs, fold the points diagonally outwards.</li><li>20. Fold the left and right corners of the top triangular section diagonally up.</li><li>21. Fold the bottom of the frog up along the center.</li><li>22. Fold the edge back down, creating a pleat. This will be the frog's 'spring'.</li><li>23. The origami frog is complete, use your finger and hold the back edge down and the frog will spring up and away.</li></ol>

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Entry written by Sharon Venn of 1st Randburg

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## Documents

Step by step pictures [jumping\\_frog.jpeg](#)

Directions and images [frog\\_3.png](#)

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Japanese Calendar

Category	Yarn
Time to allocate (mins)	5
Story	<p>The race to see who wins the years (the order of the Zodiac animals of Japan)</p> <p>The Jade Emperor held a race to decide what animals would be placed in the zodiac. He gathered all the animals together and informed them that the first twelve to reach his house the next day would be given the year equal to the position they finished the race in.</p> <p>The next day, the animals set out...</p> <p>There was a big river, and the rat and the cat were bad swimmers, so they decided to hitch a ride on the back of the powerful ox. Overcome by competitiveness, the rat pushed the cat into the river, which is why cats today hate water and hate rats even more.</p> <p>After the ox crossed the river, the rat jumped off and won easily, with the ox a close second. The first and second animals of the zodiac.</p> <p>The tiger came next, panting, and told how the current was so strong he never would have made it if not for his powerful strength. He was made the 3rd animal of the zodiac.</p> <p>The rabbit hopped up next, and told how he crossed the river by hopping from stone to stone and the occasional log. He became the 4th animal of the zodiac.</p> <p>The dragon came next. "How is it that a powerful creature such as yourself was not first?" asked the Emperor, deeply curious. The dragon replied that he had to stop to make rain to help all the people of earth, and so was delayed. (Note: The Chinese Dragon is considered a good creature as opposed to the somewhat demonic view of European Dragons, also they look more like giant snakes.)</p> <p>Then on his way to the finish, he saw the rabbit struggling to cross the river and so gave a puff of breath to blow the poor creature to shore. The Emperor was deeply pleased by his kindness, and made him the 5th animal of the zodiac.</p> <p>The horse came galloping up next, but hidden in the horse's hoof was the snake. The snake's appearance frightened the horse so much he momentarily fell back allowing the snake beat him, giving the snake the 6th spot while the horse took the 7th.</p> <p>The ram, monkey, and rooster came next. They worked together to spot a raft and use it to get to shore. The ram took 8th, the monkey 9th, and the rooster 10th.</p> <p>The dog was next. His excuse for not coming in first despite being the best swimmer of the bunch was that he hadn't taken a bath in a long time and the water of the river just gave him too big of a chance to pass up. He took 11th.</p> <p>The pig came in last, explaining that he got so hungry during the race he decided to have a feast, then promptly fell asleep afterwards. After waking up, he continued on the race. He was named the 12th and last animal of the zodiac.</p> <p>Almost immediately after the pig, the cat came across, but he was too late, there was no room for 13. Furious, he immediately went chasing after the rat.</p>

Entry written by Sharon Venn of 1st Randburg

Documents

Zodiac signs [zodiac.png](#)