

Running game

Category	Game
Type	Steam release
Time to allocate (mins)	5
Instructions	<p>Game playing is a pastime enjoyed by most people. Native Americans are no exception. The origins of many games were with the tribal gods. Because of this, games were played ceremonially to bring rain, ensure good harvests, cure illness, expel evil spirits, or give pleasure to the gods by demonstrating physical fitness. Though games are usually played for fun and pleasure, Native American games also played a role in the education of children by helping them develop skills necessary to be successful adults.</p> <p>RUNNING GAME - Klamath (Northwest Coast of America)</p> <p>Any number may play. This is traditionally a girls game. Equipment: None. Play: Players line up behind a starting line. Taking a deep breath, they run as far as they can while yelling loudly. When a player runs out of breath he/she must stop and stand still. The player running the greatest distance before running out of breath wins</p>

Entry written by Sharon Venn of 1st Randburg