

Firefighter Relay Race

Category	Game
Type	Relay game
Time to allocate (mins)	10
	Divide the Cubs into teams/sixes. Each six completes a relay course involving:
Instructions	<ul style="list-style-type: none">• Putting on a (oversized) firefighter jacket.• Carrying a "hose" (rolled-up rope or noodle).• "Extinguishing" a "fire" (knock down a stack of cups with a beanbag).• Running back to tag the next teammate.

Entry written by Sharon Venn of 1st Randburg