

Crab Soccer

Category	Game
Type	Team game
Time to allocate (mins)	15
Instructions	<p>Divide the group into two teams with two goalies.</p> <p>Explain the crab position (both hands and feet touching the ground, with stomachs toward the ceiling/sky)</p> <p>Set Up</p> <p>One large rectangular playing area, preferably in a gym with marked goals.</p> <p>How to Play</p> <p>Only movement in the crab position is allowed for the entire game.</p> <p>Players can only kick or hit the ball with their feet and/or head; no hands are allowed.</p> <p>The Scouter drops the ball in the center of the field for a kick-off to begin the game, as well as after each point is scored.</p> <p>Each team is trying to put the ball into the opposing team's goal.</p> <p>If the ball goes out of bounds, the Scouter throws it back into play.</p>

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