

Backyard Games

Category	Game
Type	Wide game
Time to allocate (mins)	25
Instructions	<p>Set up various games around the Hall and the Cubs can rotate through the bases:</p> <p>Sock Softball: The rules of softball apply. Use only home plate and two bases set up in a triangular formation. The ball is a rolled-up sock, and the bat is the participant's arm. An out is made by tossing the ball at the runner or by a fielder tagging the runner. Because play will last just a few minutes, allow only two pitches per batter.</p> <p>Obstacle Course: Lay out an obstacle course to include moving a lightweight plastic ball with holes from one point to another using a fly swatter; crawling through a big box (such as an appliance box); picking up a hula hoop and spinning it around a set number of times; jumping rope a set number of turns; or using a squirt gun to hit a target.</p> <p>Flying Disc Golf: Each participant is provided with a flying disc. Mark several targets around the playing area (e.g., the base of a tree, the slide or a swing on the playground, a designated picnic table). The score is determined by how many throws it takes the participant to hit the target with the disc.</p> <p>Blind Puzzles: Cut puzzle pieces out of thin wood and have blindfolded participants try to put the puzzles together.</p> <p>Hoopla: Set up a ring toss game, using hula hoops as the rings and orange safety cones as the targets.</p>

Entry written by Sharon Venn of 1st Randburg