## Firefighter Relay Race

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| **Category** | Game |
| **Type** | Relay game |
| **Time to allocate (mins)** | 10 |
| **Instructions** | Divide the Cubs into teams/sixes. Each six completes a relay course involving:<br>• Putting on a (oversized) firefighter jacket.<br>• Carrying a "hose" (rolled-up rope or noodle).<br>• "Extinguishing" a "fire" (knock down a stack of cups with a beanbag).<br>• Running back to tag the next teammate. |

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**Entry written by Sharon Venn of 1st Randburg**

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