## Crab Soccer

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| **Category** | Game |
| **Type** | Team game |
| **Time to allocate (mins)** | 15 |
| **Instructions** | Divide the group into two teams with two goalies.<br>Explain the crab position (both hands and feet touching the ground, with stomachs toward the ceiling/sky)<br>**Set Up**<br>One large rectangular playing area, preferably in a gym with marked goals.<br>**How to Play**<br>Only movement in the crab position is allowed for the entire game.<br>Players can only kick or hit the ball with their feet and/or head; no hands are allowed.<br>The Scouter drops the ball in the center of the field for a kick-off to begin the game, as well as after each point is scored.<br>Each team is trying to put the ball into the opposing team's goal.<br>If the ball goes out of bounds, the Scouter throws it back into play. |

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**Entry written by Sharon Venn of 1st Randburg**

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