



## Healthy Living

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**Level** Gold Wolf

**Challenge** Awareness Challenge

1. Understand the importance of always drinking clean drinking water. Demonstrate how to make water safe for drinking, if no clean water is available.

**Description** 2. Find out about two infectious diseases and discuss with your Pack Scouter/Pack how to prevent them from spreading.

3. Understand what effect smoking, alcohol and drug abuse may have on your body.

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