



## First Aid

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**Level** Silver Wolf

**Challenge** Aptitude Challenge

1. Know the importance of summoning adult help in the case of accidents.
2. Show how to treat a simple cut and graze.

**Description**

3. Show how to treat a bleeding nose.
  4. Make a simple emergency kit and know how to use it.
  5. Use your scarf or a triangular bandage as an arm sling.
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